

SWIM TEAM INFORMATION 2011

Practice times

8:30-9:30	11 & 12 year olds
9:30-10:30	13 and older
10:30-11:00	9 & 10 year olds
11:00-11:30	7 & 8 year olds
11:30-12:00	6 and under

Schedule

Monday, June 20	Ice Cream Social	6:30pm
Wednesday, June 22	Cannon @Ridgemoor	9:15am
		Warm-up
Tuesday, June 28	Forest Hills @Ridgemoor	9:15 am
		Warm-up
Thursday, June 30	Heather Downs @Ridgemoor	9:15 am
		Warm-up
Wednesday, July 6	Ridgemoor @Northville	9:15 am
		Warm-up
Wednesday, July 13	Ridgemoor @MVP	9:15am
		Warm-up
Thursday, July 14	SWIM MARATHON	evening
Wednesday, July 20	Pre-lims @Forest Hills	10 & under
		Morning
		11 & older
		Afternoon
Friday, July 22	Finals & Relay events	9:15 am
		Warm-up
	TEAM PARTY	4:30

Meets

Volunteers are needed in many capacities to help our season run smoothly. We would like participation in some form from **every** swim team family at least once. We have 3 home meets and will need help with: scorekeeping, concessions, timers, runners, announcer and starter. We also need help at away meets for timing and ribbon writing for finals. ***Those who are unable to help due to work or small children are asked to please donate a baked good to sell at home meets or loan a cooler with ice. High schoolers in need of volunteer hours are very much appreciated!! Thank you!!

Bathing suits & t-shirts

Optional team bathing suits are available, more information to come!!! T-shirts will be available at the ice cream social.

Absences

Please, please, please give your child's coach a written note or send an e-mail if they will miss a meet. This will help them with event assignments and making sure relays are full.