

Ridgemoor Swim Club Swim Lessons 2010

Each session of swim lessons consists of 10 lessons that are 30 minutes in length.* Registration can be dropped off to a lifeguard at the pool or mailed to the address below.

Session I Preschool/Kindergarten* Pre-registration is required

June 7 through June 17 (12:30-1:05)

Session II

June 21 through July 8 (no lessons June 23/29 or July 1/7 due to swim meets)

Session III

July 12-28 (no lessons July 21/23 due to swim meets)

Cost

Members: \$50 per child (family maximum \$150)

Non-Members : \$100 per child (family maximum \$300)

Family information

Swimmer name: _____ Swimmer name: _____
Age on June 1: _____ Age: _____

Swimmer name: _____ Swimmer name: _____
Age: _____ Age: _____

Parent Name : _____

Address: _____

Home Phone #: _____

Cell or work #: _____

e-mail address: _____

Family contact in case of emergency: _____

Any health conditions the instructors need to be aware of? _____

Registration

Session I or Session II Session III Member or Non-Member

Payment due _____ Cash or check (check # _____)

Parent/Guardian Signature* _____ Date: _____

*signature grants permission to treat in case of an emergency

Please make check payable to: Ridgemoor Swim Club
C/o Lisa Leonard
2928 Meadowbrook St. SE
Grand Rapids, Mi 49546

SWIM LESSON INFORMATION 2010

Initial Assessment

On the first day of each session the lifeguards will evaluate the comfort level and ability of each swimmer. They will be grouped accordingly.

Class times

Lessons will be 12:30-1:00. Another session may be added if there is a need. Lessons will be every day unless there is a swim meet.

**No lessons June 21, 23, 29
 July 1, 7, 14, 21, 23**

Sign-in

Please sign-in on the clipboard when you arrive so we can keep attendance.

Weather

Class will be cancelled due to bad weather (thunderstorms or cold temperature). Make-up lessons will take place if needed.

Adult Observers

Due to the fact that many children are nervous about their initial swim lessons, it is our recommendation that adults leave the pool area during the swim lesson if your child is experiencing any anxiety. Our guards are very experienced in dealing with nervous children. Most swimmers overcome any initial anxiety within the first week.